

a day for caregivers

alzheimer's  association®

An educational conference for family and professional caregivers.

November 12, 2015

8:00 a.m. - 4:00 p.m.

Thomas Nelson Community College
Peninsula Workforce Development Center
600 Butler Farm Road, Hampton, VA

November 13, 2015

8:00 a.m. - 4:00 p.m.

Paul D. Camp Community College
Regional Workforce Development Center
100 North College Drive, Franklin, VA

Professionals will receive a certificate of attendance hours. Program costs \$10 and includes lunch. Call 757.459.2405 for more information. Registration form on reverse.



David Troxel believes it is possible to make people with Alzheimer's feel safe, secure and valued—to help them live with dignity. The comprehensive Best Friends™ Approach supports people who carry out this important task. Easy-to-use, learn and apply the Best Friends™ Approach is suitable for family care partners and professional caregivers. David is committed to bettering the lives of people with Alzheimer's by equipping family care partners and professional caregivers with “the knack” of providing good care with ease. His books, presentations and trainings are designed to equip caregivers to:



- Understand what it is like to have dementia
- Keep up with the latest research
- Make plans after dementia
- Know what to say when communication breaks down
- Offer the right activities, the right way
- Support a spiritual or religious life
- Be your own best friend
- Hire competent, compassionate caregivers
- Change the culture of long-term care organizations

TBA - Our luncheon will feature a research update on news from the Alzheimer's Association International Conference® and other sources. More information coming soon.

CONTACT US

Alzheimer's Association Southeastern Virginia Chapter

6350 Center Drive, Ste 102 • Norfolk, VA 23502

Ph: 757.459.2405 • Fax: 757.461.7902 • Email: infoseva@alz.org

Alzheimer's: A Day for Caregivers is made possible by the generous support of the Camp Family Foundation, Franklin Southampton Charities and J.L. Camp Foundation.

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Name _____

Address _____

City _____ ST _____ Zip _____

Telephone _____ Email _____

**Register by
Nov. 5**

The community colleges are offering general adult continuing education credits for this conference. If you would like to receive credits, please complete this box.

Company Name: _____
(if applicable)

DOB: _____
(mm/dd/yy)

Email Address: _____

Last four digits of SSN: _____

**Registration for the program is \$10
and includes lunch.**

Payment:

- Check enclosed payable to Alzheimer's Association.
 Charge my: VISA MC AMEX Discover

Please print:

Name on card: _____

Card #: _____

Exp: ____ / ____ CVV#: _____
(3 or 4-digit security code)

I am a...

Family Caregiver

Professional Caregiver

You may email, fax, or mail this form to:

Do you require a vegetarian lunch?

Yes No

ATTN: Sherry Warren
Alzheimer's Association
6350 Center Drive, Suite 102,
Norfolk, VA 23502

Sherry.Warren@alz.org
Ph: 757-459-2405
Fax: 757-461-7902

Stay in Touch:

- I would like to receive your local monthly e-newsletter
 I would like to receive your local print newsletter 3x/year
 I would like to be an Alzheimer's Advocate (requires email address)
 I would like more information about:
 Walk to End Alzheimer's®
 Volunteering
 Family Support Groups / Classes
 Professional Classes
 Making a Donation

**For updates on this and other events
"Like" us on Facebook.com/AlzSeva**

Find Alzheimer's Association Southeastern Virginia Chapter on these social networks



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